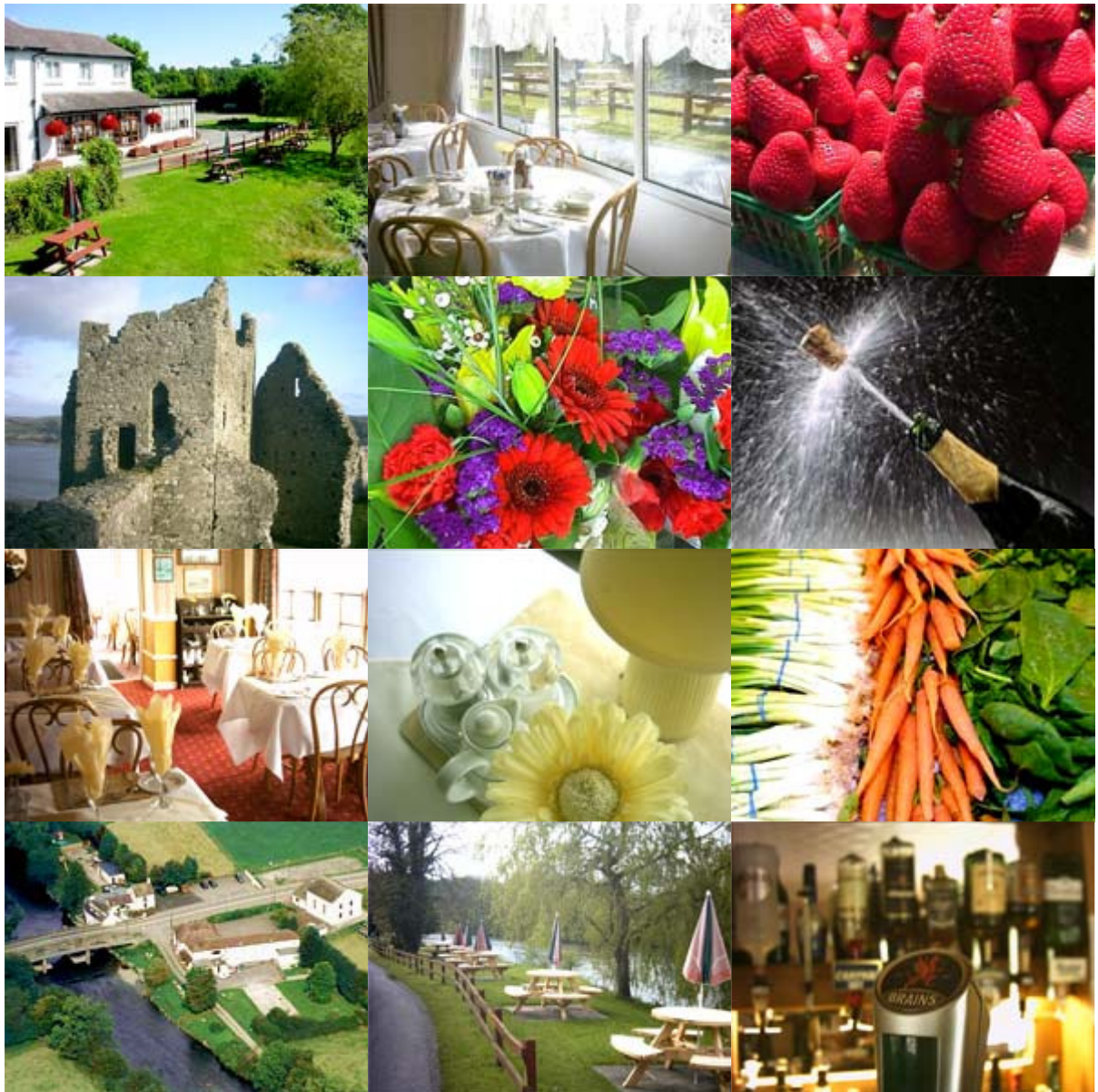


The Cothi Bridge Hotel



A country hotel delightfully situated on the banks of the Cothi, enjoying beautiful views over the river, surrounding fields and woodlands and personally run by the owners.

The Hotel is comfortably furnished and well decorated. There is full central heating and all the bedrooms have private ensuite bathrooms, colour TV, and tea making facilities.

The Hotel is open throughout the year and many locals visit the Restaurant and Bar creating a lively and friendly atmosphere.

You will find the Hotel is run with great care. Our aim is for you to look forward to a return visit.

Business Facilities

The hotel is ideal for business meetings, small conferences, and training events.

Many businesspersons have been so captivated by the Hotel and its surroundings that they have returned with their families for Holidays and Mini Weekends. Many local companies hold meetings in our Conference Room and find the Restaurant an ideal place to entertain clients and guests.



A conference room seating fifty people is available with flip chart, screen and TV. Get your staff away from the urban area into the peace and tranquillity of the countryside where they will relax and concentrate on the training or the business in hand.

Food can be supplied throughout the day and meal times are flexible to suit your needs. Anything from a working sandwich lunch to a full three course meal can be prepared.

For business guests looking for a quiet place to stay this hotel offers fax and internet connection. It even has a facility for helicopters to land.

Room Hire *	Price
Full Day (09.00 - 17.00hrs)	£75.00
Half Day (max 4 hrs in am or pm)	£45.00
Evening (from 18.00hrs, max 4hrs)	£45.00
Tea/Coffee (per person per serving)	£1.65
Lunches (buffet or hot lunch)	£7.00
Daily delegate rate	£14.50
24 hour rate	£69.00

All room hire includes the use of flipchart & screen. Television, and Video extra, please ask for price.

All Prices excluding VAT

Daily Delegate Rate (10 people plus) - £14.00 & VAT per person.

To include room hire, two servings of tea & coffee, lunch (either cold finger buffet or hot lunch).

24 Hour Delegate Rate (5 people plus) - £60.00 & VAT per person.

To include the above plus overnight accommodation, breakfast and dinner

Please remember that we are a small hotel and these prices are guide-lines. We can fit in with people's needs and requirements on an individual basis. Should you wish for further information then please contact the hotel.

Local Area Leisure Facilities

The hotel has a short stretch of Salmon fishing and arrangements can be made for guests to fish on other private and club waters.

These are some of the leisure facilities the hotel and local area has to offer.



Fresh water fishing.

18 hole golf course.

Clay pigeon shooting.

Walking and hiking.

Atlantic Sea Coastline with high cliffs and sandy beaches.

Castles and Celtic history to explore.

Aberglasney Gardens

National Botanical Garden of Wales

Carmarthenshire is known as The Garden of Wales, and for good reason, we are only 10 minutes from the National Botanical Gardens of Wales and Aberglasney House and Gardens.

You will find the South Carmarthenshire Coast, Tenby and Saundersfoot and the Cardigan Coast easily reached. The nearest coast, Llanstephan, a delightful village with a castle and lovely cliff walks, is only twelve miles away.

All within reasonable distance for a day out are the Brecon Beacons, offering spectacular walking in the National Park. There are the caves at Dan yr Ogof that can be viewed by taking an underground excursion.

Other attractions are the Woollen Mills, Golf, Pony Trekking, many old castles and a spectacular reservoir 'Llyn Brianne' set in some magnificent countryside.

Location



The Hotel is reached easily being only ten miles from the M4 motorway. The businessman could watch the heron fishing from his breakfast table and yet reach his appointments in Swansea and Llanelli in half an hour. Carmarthen town is only five miles away.

To reach the Hotel, follow the signs to Carmarthen

Then follow the A40 towards Llandeilo.

The Hotel is about 6 miles along the A40 on the right hand side

Click [here](http://www.multimap.com) for an online map - Courtesy of www.multimap.com

Tariff

We are pleased to accept the following cards



You can make a reservation by email; please send contact information, requirements, and dates. info@cothibridgehotel.co.uk

Double Room	Price
Bed and Breakfast	£79.50
Dinner, Bed and Breakfast	£110.00

Twin Room	Price
Bed and Breakfast	£79.50
Dinner, Bed and Breakfast	£110.00

Single Room	Price
Bed and Breakfast	£49.50
Dinner, Bed and Breakfast	£65.00

Family Room *	Price
2 Adults, 2 Children	From £100.00

* Additional children are charged at £5.00 per night, (up to the age of 12).

Preferential rates available for group bookings or for 3 nights or more. 10% discount for 6 nights or more.

Well behaved dogs welcomed with prior notice @ £5 per night.

(please note dogs are not to be left unattended in rooms or taken into the restaurant and breakfast room)

Weddings



Whether you plan your planning a big or small wedding, Cothi Bridge Hotel is here to help you achieve your dream wedding.

We can accommodate up to 45 people formally seated or 75 guests in an informal buffet.

Weddings where there are over 40 guests have a complimentary room provided for the Bride and Groom.

We can cater for your individual needs, please contact us to discuss any details on 01267 290251, or by email.

Restaurant Menu



Enjoy a relaxing meal in our hotel restaurant with views over the river Cothi.
Fresh local produce and ingredients make up our varied menu.

Special diets can be catered for with prior notice.

To Begin

Homemade Soup of the day
With a freshly baked roll & butter
£3.50

Breaded Chicken fillets
Served with a BBQ sauce & garnished with crispy salad garnish
£4.95

Oriental king Prawns
Whole prawns wrapped n filo pastry & served with a sweet & sour sauce & a crispy garnish
£4.95

Crispy coated garlic mushrooms
Served with either a garlic or blue cheese dip
£4.85

House Pate
Served with toast & a crispy salad garnish
£4.95

Devilled Whitebait
Deep fried whitebait dusted with flour & paprika & served with a basil mayo

The Main Event

10oz Sirloin steak
£15.95

10oz Rib Eye Steak

£14.95

Both served with house garnish & cooked to your liking.

Creamy pepper sauce, Dianne Sauce or BBQ sauce
All £2.95

The Cothi Grill

Steak, Gammon, lamb chops, sausages served with egg, mushrooms, onion rings & tomato
£17.95

Chicken Margarita

Breast of chicken in a tomato, garlic & basil sauce topped with grilled cheese
£14.95

Local salmon

Fillet of Salmon served in a white wine & tarragon cream sauce
£14.95

Welsh Lamb Chops

Grilles & either served plain with mint sauce or in an onion gravy
£15.95

Steak & Scampi

Rib eye steak cooked to your liking, served with breaded scampi & house garnish
£15.95

Mushroom stroganoff (v)

Mushrooms sautéed in garlic butter with onions,
white wine and cream, Served with rice
£12.95

Mediterranean vegetable & cheese wellington (v)

Vegetables & a cheese sauce encased in pastry & oven baked
£13.50

All our main courses are served with either fries or boiled potatoes & vegetable of the day

Bar Menu

Starters & light bites

Homemade soup of the day
£3.25

Breaded Garlic Mushrooms with a creamy garlic dip
£4.35

Spicy breaded king prawns with a sweet & sour dip

£4.95

House pate with toast & salad garnish

£4.95

Battered chicken fillets & BBQ dip

£4.95

Bar Meals

Breaded Plaice

£8.25

Breaded Scampi

£8.25

Homemade Lasagne

£8.25

Homemade Liver & Bacon

£8.25

Home cooked sliced Ham

£7.50

Home cooked Ham with eggs

£7.95

Homemade steak & ale pie

£8.25

Homemade chicken, ham & leek pie

£8.25

Bacon, sausages & egg

£7.50

All the above are served with peas and a choice of chips, jacket potato or boiled pot's(when available)

Gammon steak with egg, pineapple & house garnish

£11.95

10oz Rib Eye Steak with house garnish

£12.95

10oz Sirloin Steak with house garnish

£13.95

Steak & Scampi, rib eye steak & breaded scampi served with house garnish.

£14.25

The Cothi Grill. Mixed grill consisting of steak, gammon, lamb chop, sausage & house garnish
£14.95

Chilli con carne

£8.50

Homemade chicken curry

£8.50

Homemade mushroom stroganoff (v)

£8.50

Served with rice or chips or 1/2 & 1/2

Sandwiches

Please ask for today's selection

£3.75

Fresh Salmon Sandwich

£ 5.00

Prawn Sandwiches

£4.25

Served with salad garnish & crisps

Toasted sandwiches, served with salad garnish

£4.50

1/4lb beef burger

£3.50

1/4lb cheeseburger

£3.95

Breaded Chicken burger

£3.50

BLT (bacon, lettuce & tomato) sandwich

£4.95

Onion rings £1.75

Mushrooms £1.75

Garlic Bread £1.75

cheesy garlic bread £1.95

Mixed salad £1.95

Chips £1.75

Roll & butter 65p

Ham, Cheese or Pate salad
£7.50

Prawn salad
£7.95

Fresh Salmon salad
£9.95

Pate, Cheddar, Ham or Stilton ploughman's
£5.50

Contact Enquiry Form

Name:

Email:

Tel:

Address:

Enquiry:

How would you like us to reply? (email, phone, post)

Preferred Time (Any, Morning, Afternoon, Outside Office Hours)

Where did you hear about us?

Please either telephone, post, fax or email your enquiry to the address below.

**The Cothi Bridge Hotel,
Pontargothi,
Carmarthen,
Carmarthenshire,
SA32 7NG.**

Telephone: 01267 290251

Fax: 01267 290156

E-Mail: info@cothibridgehotel.co.uk